



Welcome to *Fit For The King* Holiday Club!

Today we had 34 keen children and approximately 50 leaders and helpers with us at the Games. **Scot** and **Tish** (*geddit?*) kicked it all off, with a bit of help from the band **The Misfits!** The opening ceremony introduced us to the King and the party he's going to throw—for everyone! Well done everyone on the treasure boxes—they look great!

Fitness Fanatic will be with you all week keeping you up-to-date on the latest news, catching you up on the drama, updating you on what we're reading from the Bible, and entertaining you with puzzles, competitions, jokes, and fun!

Look out inside for today's competition, details of the **BBQ** on Sunday, and the full words to the **theme song** on the back page—learn them for tomorrow!

Arriving: Children should go to the registration hall first, before going to their group tables.

Leaders and helpers: Can all leaders and helpers please sign in at the start of the evening at the entrance. This is required for fire safety reasons.

If you want the **prayer team** to pray for something, write it down (anonymously is fine) and put it in the prayer bin on the stage.

If you have any **news** to tell or any good **sporty jokes** please pass them to your leader and we will print them in the next *Fitness Fanatic*.

Fit For The King! starts at 6pm for 6.15pm. We have our final songs from 7.30-7.45pm, and children can be collected from the Heriot Hall at the rear of the church at 7.45pm.

Puzzles!

.Our *Closing Ceremony* is on **Sunday 17th August** in the church—children, parents, and friends all welcome! Children meet at 10.15am in the Heriot Hall at the rear of the church, for a 10.30am service.

Celebration BBQ: the Sunday service will be followed by a **BBQ** behind the church at around 12pm. **Please sign up by Wednesday at the latest!** (signup sheets are at the halls entrance).

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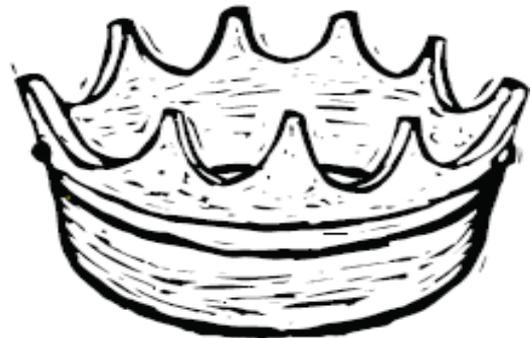
**Today in the drama:** we met the palace staff getting ready for the King's wedding feast. MacSporrridge is the one to handle the invitations - but will anyone get his name right, and how can he hear anything with those things in his ears?

**In the Bible:** This man Jesus is a King with a difference - though he was born in a stable, he has power over nature and yet he is still friends with outcasts. (*The Bible, Matthew 8 and 9*). Jesus also told a story about amazing treasure hidden in a field. (*Matthew 13*).

**Today's competition** is to **draw or paint a picture** (A4 size please) relating to the Commonwealth Games. Please hand your entries in as you register, or to your group leader, before the start of tomorrow's club. Make sure your entry is clearly marked with your **name, year and group**. Winners in each year group will be announced in *Fitness Fanatic*.

Today we learned that Jesus was a King with a difference. Below there are two crowns. Can you spot the **5** differences?

**CROWN NO.1**



**CROWN NO.2**



Through the week we'll be learning a special verse from the Bible:

**“Let us run with perseverance  
the race marked out for us.**

**Let us fix our eyes  
on Jesus our King”.**

It's in **The Bible**, Hebrews, 12:1 (NIV).

# Word Search



See if you can find these words in the grid.

Words may go up, down, left, right, or diagonally!

KING

BATON

REPAY

ZACCHAEUS

JERICHO

FIT

CLYDE

FORGIVE

TAX

QUEEN

CYCLING

SYCAMORE

COMPETE

GYMNASTICS

GLASGOW

Born in a stable

Has a special doctor

Heals the sick

Able to calm the wind and sea

Eats with VIPs

**KING JESUS**

5th King in the family

Great teacher

**KING ORDINARY**

Born in a castle

Married a Princess

Eats with tax collectors

Saved lives

## King with a Difference

Here are five statements that belong to either an ordinary king or King Jesus.

Can you match all the statements to the correct King?

Our theme song this year is...

# Fit For The King!

*Fit, fit, fit, I'm fit for the King  
Fit, fit, fit, I'm fit for the King! x2*

A King with a difference.  
Power over nature.  
Friends with the outcast.  
Can I be fit for this King?

*Chorus:*

*I'm gonna read, gonna read,  
gonna read his word today  
Sing, gonna sing, gonna sing his praise  
I am fit for the King!*

*I'm gonna go, gonna go,  
gonna go and tell the world  
Show, gonna show, gonna show his love  
I am fit for the King  
'Cause I am fit for the King!*

A King who loves others,  
Power to forgive,  
Knows all our worries.  
Can I be fit for this King?

*(Chorus)*

A King who was killed,  
Power he surrendered,  
Perfect and blameless.  
Can I be fit for this King?

*(Chorus)*

A King who returns,  
Power over death,  
With us forever.  
Can I be fit for this King?

*(Chorus)*

King of the Kingdom,  
Calls us to join him,  
What will we answer?  
He says we're fit for the King!

*(Chorus)*

**'Cause we are fit for the King!**



For more details visit the church website:  
[www.brightonschurch.org.uk](http://www.brightonschurch.org.uk)



*Fit For The King! is a holiday club run by Brightons Parish Church, Main Street, Brightons, Falkirk, FK2 0JT.  
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